



# Your Progyny Benefit

Standard Motor Products Member Guide

2024 Plan Year





# Introduction to Your Progyny Fertility and Family Building Benefit



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## Your Progyny Benefit

**At Progyny, we know the road to parenthood can be challenging,** and we are here to support you through each phase of your family building journey. We partner with the nation’s top fertility specialists to bring you a smarter approach with better care, more successful outcomes, and treatment options to support all paths to parenthood. Unlike other fertility solutions, the Progyny benefit has removed barriers to care with no diagnosis requirement or treatment mandates, ensuring equitable and inclusive access for all members.

Your Progyny benefit includes comprehensive treatment coverage leveraging the **latest technologies and treatments**, personalized emotional support and guidance from dedicated **Patient Care Advocates (PCAs)**, and access to high-quality care through a **network of top fertility specialists**.

Progyny works like your other insured healthcare benefits. You will have financial responsibility according to your medical plan. This means you should expect bills for all covered and authorized services including your initial consultation and diagnostics, medication, and fertility treatment as determined by your medical plan. Please see the [Understanding Your Financial Responsibility](#) section of this guide or speak with your PCA for more information.

## Highlights of Your Progyny Benefit

Your Progyny Fertility and Family Building Benefit		Effective 01/01/2024
3*	Smart Cycles per family per lifetime	
2	Initial consultations per year	
<b>Progyny Rx</b>	Fertility medication coverage	
<b>Fertility preservation</b>	Egg and sperm freezing coverage	
<b>Tissue storage</b>	Tissue storage is included for the first year in applicable treatment cycles	
<b>Donor tissue</b>	Egg and sperm coverage	

\*You have access to an additional Smart Cycle if your first three are not successful.

### Progyny’s Family of Benefits

Your employer offers additional benefits through Progyny to support reproductive health across different life stages. Please reference the [Additional Reproductive Health Benefits](#) section and contact your PCA to learn more.

- Pregnancy & Postpartum: Support and guidance for a healthy pregnancy and beyond
- Menopause and Midlife Care: Virtual integrative care and hormonal and non-hormonal treatment

To learn more and activate your benefit, call: **833.212.8719**

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## Personalized Support

### Your Care Team

As a Progyny member, you have clinical and emotional support throughout your entire journey from a dedicated Patient Care Advocate (PCA). After onboarding, you will be matched with your PCA based on your fertility and family building goals. Progyny PCAs are fertility experts trained to support all paths to parenthood, including surrogacy and adoption. Your PCA can provide guidance on available treatment options and outcomes, coordinate and prepare you for all your appointments, and answer any questions you might have about your benefit. Your PCA is also your connection to a team of Clinical Educators, fertility nurses and embryologists that can answer any clinical questions you may have about your care. If you are interested in exploring other paths to parenthood like surrogacy or adoption, your PCA can also connect you to our specialized Surrogacy and Adoption Coaches. Contact your PCA to learn more or to request outreach from a Clinical Educator, Surrogacy Coach, or Adoption Coach.

### Preconception Support

Starting to think about building a family can feel overwhelming. At Progyny, we are here to support you every step of the way. Progyny Preconception is a 12-month program that provides personalized support, education, and referral services to support your fertility and family-building goals. Throughout the program, we will be checking in periodically with personalized content and helpful information to champion you on your path to pregnancy. No matter where you might be on your journey, even if you have not begun trying to conceive, our program is designed to ensure you have the necessary resources and information.

Contact your PCA to learn more and enroll in the program.

## Digital Tools

### Progyny Member App and Portal

In addition to the personalized support from your PCA, you have access to the Progyny member portal, available on the web and as an app (iOS and Android devices). With the member portal, you can view coverage details, review upcoming appointments, view account and claims information, communicate directly with your PCA, and access fertility and family building education. Learn more at [progyny.com/progyny-member-portal/](https://progyny.com/progyny-member-portal/).

### Progyny.com

We know how confusing the world of fertility can be, and we want to ensure you have access to resources for every step of your family building journey. Visit [progyny.com/education](https://progyny.com/education) to browse articles, videos, infographics, webinars, and the *This Is Infertility* podcast. Subscribe to Progyny's [YouTube channel](#) for additional fertility education.



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## Top Fertility Specialists

Progyny has created a network of top fertility specialists, connecting you to high quality care across the U.S. Our network consists of over 950 fertility specialists across more than 650 clinic locations, including nationally recognized providers. You can search for an in-network fertility specialist, reproductive urologist, and in-network labs at [progyny.com/find-a-provider](https://progyny.com/find-a-provider). The search tool includes detailed information for each Progyny network clinic, including provider profiles with demographics, sub-specialties, and other unique practice characteristics.

Our fertility specialists use the latest advancements in science and technology to increase the chances of a healthy and successful pregnancy. With Progyny's comprehensive benefit design, your doctor is able to work with you to create the customized treatment plan that is best for you.

Our Medical Advisory Board continually evaluates the latest science and research to ensure that your benefit empowers your doctor to utilize the best clinical practices and latest technologies, so you receive the highest level of care.



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## Getting Started

Call Progyny to activate your benefit at 833.212.8719

During your first call a welcome specialist will:



### Confirm your eligibility

The person(s) receiving treatment must be enrolled in an eligible medical plan to access the Progyny benefit. You may be asked to provide a copy of your insurance card or complete an attestation form to confirm eligibility.



**Answer any questions you have** about starting or continuing your family building journey.



**Help you choose the Progyny in-network provider** that is right for you. If you already have a provider, let your PCA know.



**Help you to understand your financial responsibility** and how to plan for your out-of-pocket costs for all covered services. As a reminder, your health plan determines your financial responsibility.

Following your onboarding call, you will be matched with a dedicated Patient Care Advocate (PCA) based on your fertility and family building goals. Your PCA is there to support you along your journey every step of the way.

